CLAIMS

1.   A method comprising:

updating record content included in a database;

extracting updated record content during a periodic time interval;

producing an internal document that includes data representing the updated record content;

producing a file that includes data corresponding to content of the internal document; and

sending the file at the periodic time interval.

2.   The method of claim 1, wherein the file includes Extensible Markup Language.

3.   The method of claim 1, wherein updating record content includes adding content.

4.   The method of claim 1, wherein updating record content includes extending a time period in which the record content is valid.

5.   The method of claim 1, wherein updating record content includes shortening a time period in which the record content is valid.

6.   The method of claim 1, wherein the periodic time interval includes a day.

7.   The method of claim 1, wherein the periodic time interval includes a week.

8.   The method of claim 1, wherein the record content includes information associated with a participant of a stock option program.

9.   The method of claim 1, wherein the record content includes information associated with stock options granted in a stock option program.

10.   The method of claim 1, further comprising:

repeating the updating, extracting, producing the internal document, producing the file, and sending at a second periodic time interval.

11.   A computer program product, tangibly embodied in an information carrier, the computer program product being operable to cause a machine to:

        update record content included in a database;

        extract updated record content during a periodic time interval;

5   produce an internal document that includes data representing the updated record content;

        produce a file that includes data corresponding to content of the internal document; and

        send the file at the periodic time interval.

10   12.   The computer program product of claim 11, wherein the file includes Extensible Markup Language.

13.   The computer program product of claim 11, wherein updating record content includes adding content.

14.   The computer program product of claim 11, wherein updating record content includes

15   extending a time period in which the record content is valid.

15.   The computer program product of claim 11, wherein updating record content includes shortening a time period in which the record content is valid.

16.   The computer program product of claim 11, wherein the periodic time interval includes a day.

20   17.   The computer program product of claim 11, wherein the periodic time interval includes a week.

18.   The computer program product of claim 11, wherein the record content includes information associated with a participant of a stock option program.

19.   The computer program product of claim 11, wherein the record content includes

25   information associated with stock options granted in a stock option program.

20. The computer program product of claim 11, being further operable to cause a machine to:

repeat the updating, extracting, producing the internal document, producing the file, and sending at a second periodic time interval.

5

21. A system comprising:

a company including a computer system that updates record content included in a database, updated record content is extracted from the database during a period time interval, the computer system produces an internal document that includes data representing the updated record content, the computer system produces a file that includes data corresponding to the content of the internal document, and the file is sent at the periodic time interval.

10

22. The system of claim 21, wherein the file includes Extensible Markup Language.

15

23. The system of claim 21, wherein updating record content includes adding content.

24. The system of claim 21, wherein updating record content includes extending a time period in which the record content is valid.

20

25. The system of claim 21, wherein updating record content includes shortening a time period in which the record content is valid.

26. The system of claim 21, wherein the periodic time interval includes a day.

25

27. The system of claim 21, wherein the periodic time interval includes a week.

28. The system of claim 21, wherein the record content includes information associated with a participant of a stock option program.

30

29.   The system of claim 21, wherein the record content includes information associated with stock options granted in a stock option program.

30.   The system of claim 21, wherein the updating, extracting, producing the internal document, producing the file, and sending is repeated at a second periodic time interval.